

INTRODUCTION & CONSENT

- ✓ Create a POCP user name (done!)
- ✓ Complete an Eligibility Questionnaire online (done!)
- ✓ Receive an email confirming that you qualify to participate in the POCP (done!)
- ✓ Receive a consent package in the mail (done!)
- Review and Sign the consent form:** Once you have received the consent package in the mail, sign one copy of the consent form and fill out the contact information form. Mail both items back to us in the pre-paid envelope. We will call you to confirm receipt and to answer any questions you have.

FAMILY HISTORY & PSYCHOSOCIAL QUESTIONNAIRE 1

- Psychosocial Questionnaire #1:** Once we have received your consent form, you will receive an email with a link to psychosocial questionnaire #1.
- Family History Questionnaire:** Once you have completed your psychosocial questionnaire #1, we will email you instructions on how to complete your family history questionnaire online.

GENETIC COUNSELLING & TESTING

- Receive genetic testing consent package in the mail:** Once we receive your family history questionnaire, we will mail you a package that contains a genetic consent form, a blood requisition form, and an appointment letter.
- Complete pre-test genetic counselling:** You will talk to a genetic counsellor on the time/date noted in the appointment letter to answer any other questions you have about genetic testing.
- Sign Genetic Consent Form and provide your blood sample:** Once your genetic counselling is complete, please bring your signed Genetic Consent Form and your blood requisition form to a local *LifeLabs* facility to have your blood drawn for genetic testing.
- POCP confirms receipt:** The research coordinator will call you once they have received your signed genetic consent form and blood sample. They will answer any other questions you have about the genetic test.
- POCP performs genetic test:** If you have no other questions, genetic testing will be completed on your blood sample.

PSYCHOSOCIAL QUESTIONNAIRE 2

- Complete Psychosocial Questionnaire #2:** One-week after your genetic counselling appointment, we will email you a link so you can complete the questionnaire online.

GENETIC TEST RESULTS

- Get your results:** The genetic counsellor will call you and disclose your genetic test results over the phone. At this time, they will also provide you with referrals for additional clinical care, if appropriate. We will also mail a copy of your results to you and to your family doctor.

PSYCHOSOCIAL QUESTIONNAIRES 3 -5

- Complete Psychosocial Questionnaire #3:** One week after you receive your genetic results over the phone, we will email you a link so you can complete the questionnaire online.
- Complete Psychosocial Questionnaire #4:** 3 months after you receive your genetic results over the phone, we will email you a link so you can complete the questionnaire online.
- Complete Psychosocial Questionnaire #5:** 1 year after you receive your genetic results over the phone, we will email you a link so you can complete the questionnaire online.

ONE-YEAR FOLLOW UP

- Provide an update:** One year after you receive your genetic test results, the research coordinator will call you to follow up on any changes (if any) to your contact information or medical care since you received your genetic test results.